

Starters

<i>Homemade Soup of the Day</i>	€4.95
Served with homemade soda bread (GF) (CE)	
<i>Homemade Seafood Chowder</i>	€7.95
Homemade seafood chowder made from our own homemade seafood mix served with homemade soda bread (GF) (C) (CE) (L) (F)	
<i>Warm Chicken and Chorizo Salad</i>	€8.50
Warm chicken and chorizo salad with fresh garden salad and house dressing (GF) (MS)	
<i>Pan Fried Prawns</i>	€11.00
Pan-fried garlic prawns. Served on a bed of garden salad (GF) (SM) (C)	
<i>Chilli & Lime Wings</i>	€6.95
Chilli and lime chicken wings served with seasonal salad (SA) (D) (SM)	
<i>Smoked Salmon</i>	€9.00
Union Hall smoked salmon roulade with cream cheese and smoked salmon, on a bed of seasonal leaves (GF) (F) (D) (SM)	
<i>Calamari</i>	€9.95
Fried Calamari with a seasonal salad and a zesty chilli mayo (G) (SM) (D)	
<i>Warm Goats Cheese Salad</i>	€8.95
Warm local goats cheese served on a bed of mixed leaves (GF) (SM)	

For any allergen information please ask your server

www.glandoreinn.ie

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Mains

<i>10oz Sirloin Steak</i>	€23.95
Sirloin Steak served with mushrooms and onions, with a choice of seasonal vegetables and potatoes or salad and fries with a choice of peppercorn sauce/garlic butter (GF)	
<i>Scampi</i>	€19.95
Deep-fried breaded fresh Union Hall prawns served with salad, fries and homemade Marie Rose sauce (G) (E) (C) (SM) (D)	
<i>Mussels and Frites/Starter Mussels</i>	
€16.95/9.95	
Mussels steamed in white wine cream and garlic served with fries (L) (ML)	
<i>Glandore Inn Fish Pie</i>	€16.95
Salmon, haddock and prawns fused with cream and white wine topped with a herb and cheese crumb served with an option of salad and chips or seasonal vegetables and potatoes (G) (C) (CE) (SM) (D)	
<i>Fish and Chips</i>	€14.95
Fresh haddock in beer batter with triple cooked fries and homemade tartar sauce (G) (SM) (D)	
<i>Glandore Inn Burger</i>	€13.95
Steak burger topped with bacon and cheese in a floury bap. Served with salad and fries (G) (SM)	
<i>Pan Fried Monkfish</i>	€23.00
Pan-fried monkfish on a bed of butter bean and chorizo cassoulet (GF)	
<i>Breast of Free Range Chicken</i>	€16.95
Breast of free range chicken stuffed with sun-dried tomato, Macroom mozzarella, wrapped in Parma ham and served on a bed of champ accompanied by seasonal vegetables (GF) (D) (N)	
<i>Chicken Goujons</i>	€12.95
Freshly breaded goujons of chicken, deep fried served with fries and salad with garlic mayo (G) (E) (SM) (D)	
<i>Vegetarian Option</i>	€12.95
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